Breaking the Sun Barrier AAR-SJ Project

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Introduction

- Juniors at Henry M. Gunn High School
- Part of the Advanced Authentic Research Class
 - Social Justice Pathway
- Breaking the Sun Barrier → Target misconceptions about sun safety

What's the need?

Research

- Melanoma cases are rising 1.2%/yr
- California receives **30%-55%** more sunlight annually (compared to the global average)
- **1 in 3** California school districts have sun protection policies
- 1.8% of elementary schools in California teach sun protective methods



U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

Finding the need - Interviews

Expert interview: Dr. Bryan Cho

"**80%** of all the sun damage people receive happens before the age of **20**."

- Emphasized the need for sun safety to be taught in schools
- Recommended a presentation format



Empathy interviews: Fletcher students

"In school, we don't really talk about skin protection at all."

"If it was brought to our attention, more people would start caring."

- Demonstrated interest in the issue
- Recommended informational lectures



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Our vision



Sunscreen Drive

Support individuals and families who cannot afford sunscreen

Informational Presentation

Help teach California youth how to protect their skin

Steps

Sunscreen Drive

- Researched different organizations that provide free hygiene products
- 2. Contacted <u>Meghan Freebeck</u> -Simply the Basics
 - a. They agreed to partner with us
- 3. Began our Amazon digital sunscreen drive!

Informational Presentation

- 1. Drafted and finalized the presentation
- 2. Revised by <u>Dr. Bryan Cho & Dr.</u> <u>Michael Gisondi</u>
- 3. Prototype presentation to AAR class
- 4. Contacted teachers at <u>Ellen</u> <u>Fletcher Middle School</u>
- 5. Presentations scheduled

Skin Safety Presentations



- 4 classrooms
- Discussed the <u>science</u> behind sunscreen
- Shared different forms of sun protection (clothing, hats, sunglasses)
- Showed a <u>short video</u> going deeper into our topics (TedTalk)
- Answered questions
- <u>Pre & Post</u> surveys

How did we conduct research?

3 Questions

1-3 scale

Results: Are you familiar with different sun protective options?





30%

Most had little to no understanding





Final

Thorough understanding

Results: Do you understand the purpose and benefit of using sunscreen?





A little over half felt familiar

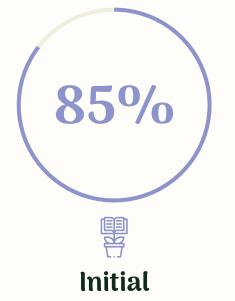




Final

Majority found they had a thorough understanding

Results: Do you think it's important for California youth to learn sun safety practices?



Most agreed with the statement





Final

Nearly every participant agreed

Findings & Takeaways: Presentations

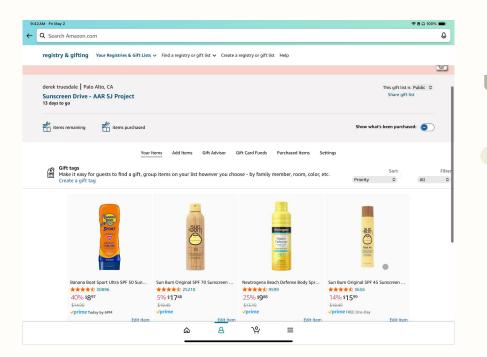
- Lectures were successful!
- Participants improved within <u>all</u> <u>three</u> areas of understanding
- Participants were engaged during the lecture
- Participants gained a deeper understanding about the importance of skin protection

Obstacles:

- Scheduling time slots with teachers
- Answering tough questions
- Keeping the presentation engaging

Sunscreen Drive

- Amazon digital drive started in early **March**
- Messaged friends, family, and coworkers
- 50 bottles collected
- Projected 150 by the end of July



Findings and Takeaways: Sunscreen Drive

- Success!
- On track to meet our goal of
 150 bottles
- Those we reached out to were excited to help this cause
- People care about this issue

Obstacles:

- Finding donors
- Encouraging others to spread the word

Next steps

Sun Safety Presentation

- Contacting local summer camps to find interest
- Potentially sharing the slidedeck to other high schoolers
- Reach out to more middle schools

Sunscreen Drive

- Continuing the drive through **July**
- More outreach: community events, posters, etc.
- Sunscreen will be delivered to SimplytheBasics in early August

Thank you's

- Foothill Symposium
- Gunn AAR program Ms. Firenzi
- YCS
- SimplytheBasics Meghan Freebeck

- Dr. Cho & Dr. Gisondi
- Fletcher Students
- Ellen Fletcher Middle school Ms. Ahern, Mr. Cox, Fletcher students

Thank you!

Have a nice day!

Resources

- https://seer.cancer.gov/statfacts/html/melan.html?utm_source=chatgpt.com
- https://www.currentresults.com/Weather-Extremes/sunniest-places-countries-world.php?utm_source=chatgpt.com
- https://pmc.ncbi.nlm.nih.gov/articles/PMC3475509/?utm_source=chatgpt.com