



Affordable Compared to Luxury Drug Rehabilitation Centers Through Meditation

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Introduction:

-One of the major problems in the drug rehabilitation system is that the amenities that a facility offers is widely different based on the price point. This causes vast disparities in the treatment a patient receives.

-Meditation has been used to rehabilitate people who have suffered from various addictions.

-Meditation often can aid in the “overwhelming desire’ or ‘out of control’”(Gifford). Behaviors that are associated with substance abuse.

-With my research I want to see if there is a relationship in the price of a facility and the implementation of meditation.

Research Methodologies:

-To conduct the research phone calls had to be made to multiple drug rehabilitation centers

-Some of the questions included “how much is your 30 day inpatient treatment” “Do you implement meditation in your practices?”

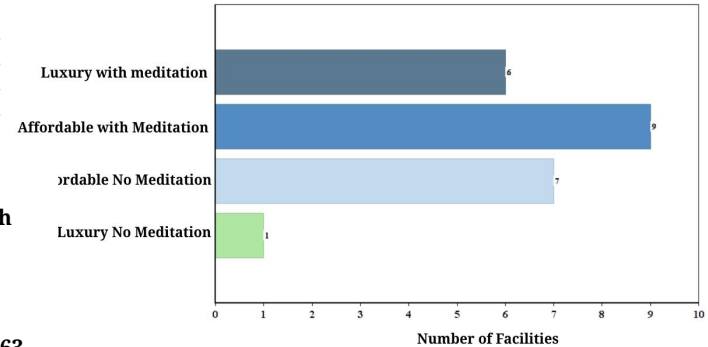


Data & Findings:

	meditation	no meditation
luxury	8	4
affordable	7	4

-Average Cost for Drug Rehabilitation Centers with Meditation = \$25,593

-Average Cost for Drug Rehabilitation Centers without Meditation = \$18,063



Implications:

-The information was taken from the phone calls sort them by luxury/affordable, the price point, and yes/no if they implemented meditation.

-The data was then used to determine if the luxury facilities offered more meditation than the affordable drug rehabilitation centers.

Conclusions:

-About two thirds of the luxury facilities of implement meditation in their practices and about two thirds don't.

-This due to the nature of this data with random phone calls it is rather inconclusive to determine whether or not more luxury facilities implement meditation.

References:

Gifford, E., & Humphreys, K. (2007). The psychological science of addiction. *Addiction*, 102(3), 352-361. Retrieved from <https://onlinelibrary.wiley.com/doi/full/10.1111/j.1360-0443.2006.01706.x>