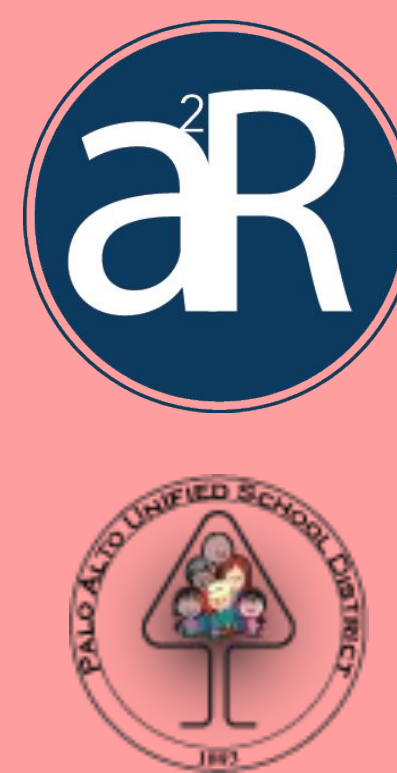


The Stigma Around Female Pleasure: Sex Education Evaluation



Jules Irulegui
Palo Alto High School

Research Methodologies

BACKGROUND RESEARCH

What's the root of the problem and where does it stem from?

ANALYZING EXISTING DATA

What is the research pointing towards? What does the current research say?

FINDING GAPS IN RESEARCH

Where did the research seem to stop? What angle hasn't been fully examined?

WAYS TO FIX SEX ED AT PALY

1

BRING IN A SEX EDUCATOR

Someone whose job it is to educate students about pleasure; someone they feel comfortable asking any questions

2

SUBSCRIBE TO A SEX EDUCATION SITE

A website like beducated.com that has videos and lectures on certain topics, all from professionals

3

ADD THINGS TO THE CURRENT PRESENTATION

Add information about pleasure to the current slideshow and have the Living Skills teacher talk about pleasure

4

SAFE SPACE QUESTIONS

Give students a chance to ask questions based on certain topics in a manner that doesn't make them embarrassed

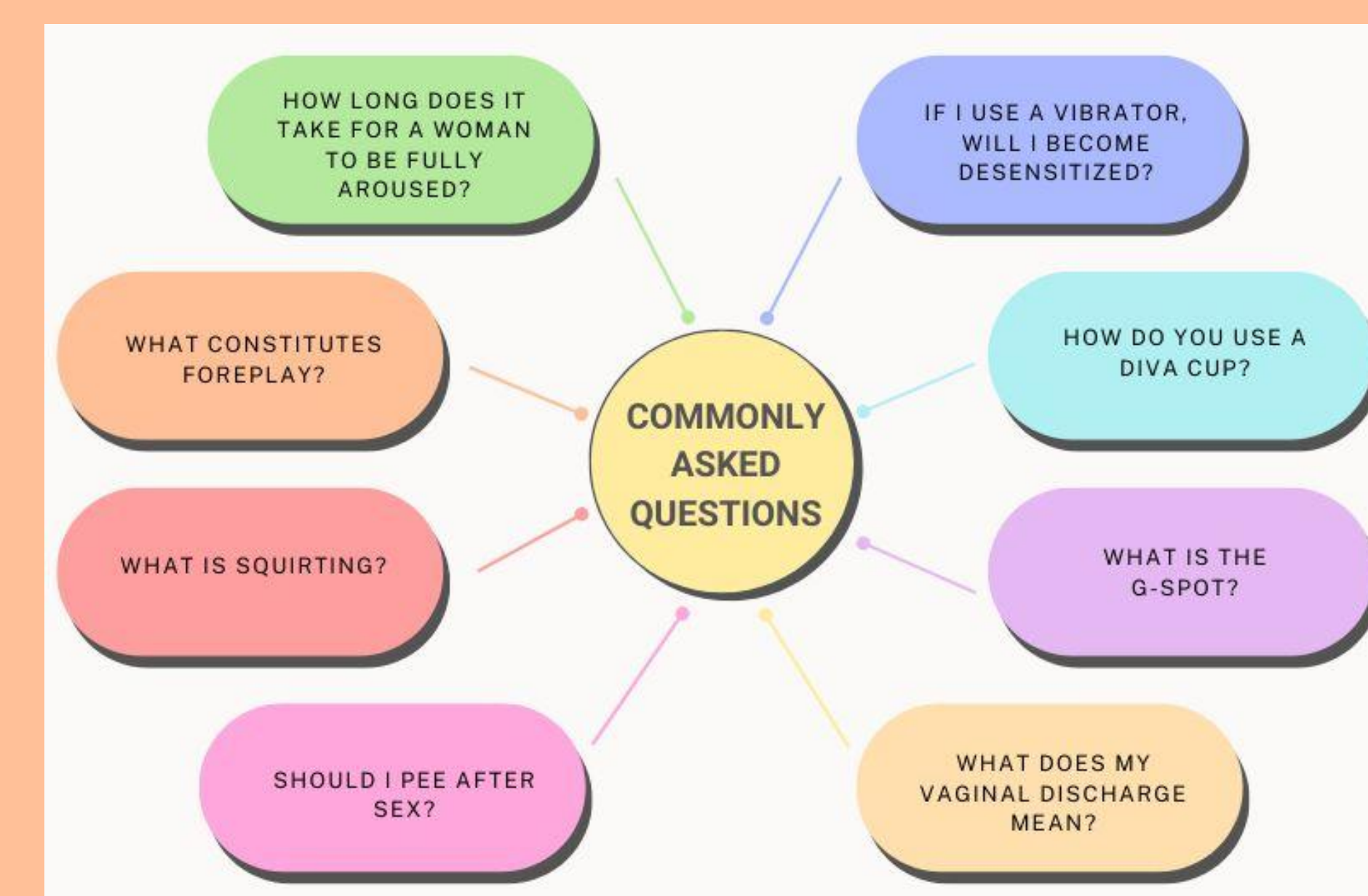
Introduction

The orgasm gap is similar to the pay gap but stickier. The orgasm gap is the difference in the frequency and intensity of orgasms between men and women during sexual activity. It's pretty much saying that men in heterosexual relationships have orgasms 95% of the time compared to women in heterosexual relationships having them only 65% of the time.

Data & Findings

Data compiled from five popular sex educators, these were the questions that they were asked the most.

Topics these questions come from: masturbation, female anatomy, vaginal health, and the stages of sex.



References

Special thanks to Joanna Hubenthal

***Works Cited:

Brianna Akers, Cheryl Alkon, Andrea Atkins, Sarah Barmark, Eva Goldfarb, Elizabeth Mahar, Laurie Mintz, Lisa Lieberman, Peggy Orenstein, Katherine Rowland.

Next Steps

- How it fits into larger society piece
 - Starting earlier, article *16 Great Sex Ed Books For Kids, Tweens, & Teens* written by sex educator Julia Feldman → tinyurl.com/SE4kids
 - tinyurl.com/juliafSE → Her sex education page
 - Julia also has an Instagram page that is educational (and free) that can be shared in class
 - The 'Big Think' account on YouTube also has free videos → tinyurl.com/palysexed