The Connection between the BNST and the LH Neelima Valluru¹, Dr. William Giardino²



INTRODUCTION

Create a neural network that models how CRF neurons affect hypocretin, how CCK affects GABA, and how GABA affects Hypocretin.

BACKGROUND AND SIGNIFICANCE

The hypocretin or orexin system in the brain is responsible for the sleep-arousal system and reward processing. Hypocretin, a neuromodulator found in the hypothalamus is central to this system. It works by binding onto specific cell receptors and therefore increasing the cell's activity. This allows the body to regulate its states of arousal and sleep. But inputs from other regions of the brain, and their effects on hypocretin neurons aren't completely understood.

One such region is the BNST. The BNST is an area in the brain located upper-left of the brainstem that regulates stress response. It is directly connected to the hypothalamus. This experiment studies the effect of stimulation in the BNST region on hypocretin cells in the hypothalamus. It will use a method of stimulation called optogenetics.

The LH is a region in the brain that houses Hypocretin neurons. It has been linked to sleep as mentioned before.

CCK and CRF are both neurotransmitters that are specific to a certain type of cell. GABAergic neurons are neurons that inhibit the production of hypocretin.

Optogenetic stimulation is a process in which light is used to control neurons that have been genetically modified. The cells are modified to have ion channels that are sensitive to light. This technique uses blue light to stimulate Channelrhodopsin-2 channels in neurons.

Understanding the effect of stimulation in the BNST region can further the understanding of the body's sleep system and its reward processing. Sixty million Americans suffer from sleep related disorders annually. Understanding the sleep system is critical in their treatment. Understanding the effects on the hypocretin system can also further explain the process of reward in patients with addiction.

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RESEARCH METHODOLOGIES

- I will be working with other post-doc fellows at the lab on this research question. They have looked at how different regions of the brain such as the VTA affect hypocretin cells in the lateral hypothalamus. The previous research mainly focused on how stimuli from other regions of the brain affected the reward centers of the brain. This research will include some aspects of reward, but will extend to the sleep system of the body.
- Essentially, neurons in the BNST region of mice will be stimulated optogenetically, and then the mice will be analyzed through behavioral testing, and cell analysis. The mice will be stimulated, and behavioral testing will be used to analyze whether or not the stimulation was rewarding. After that, the cells in the lateral hypothalamus will be analyzed to see if there is a increase in hypocretin activity. This can show how the stimulation affected the sleep-arousal system.
- I also plan to create a model of this system. I want to simulate the stimulation of these areas of the brain so that it can be used at a template for other experiments. I plan to create a neural network of the connection between the stimulation in the BNST and the reward system in the brain. I hope to apply an adaptive learning algorithm to my neural network to allow it to be more flexible for other modeling.
- The selection of mice used for this experiment will have been modified with a Cre-Virus that allows them to express GCAMP after optogenetic stimulation. This way, the effects of the stimulation can be studied.
- I will be taking the optogenetic data and using that to create the network. Once the network is finished, it should be able to predict given any combination of random data.
- Assuming that a stimulation of a neuron in the BNST is a 1, this will cause a certain stimulation in LH. That stimulation will be based on the percentage of hypocretin neurons stimulated--a number that was found empirically.



I am modeling this data and putting it into 3 separate networks. As stated before, the CCK control data will be put into a perceptron that outputs a GABA stimulation percentage. That GABA stimulation percentage will then be inputted into another perceptron that will result in a hypocretin stimulation percentage. Similarly the CRF data will be plugged into a perceptron that results in a hypocretin stimulation percentage.

Thank you to Dr. William Giardino, The de Lecea Lab for making this project possible.

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DATA ANALYSIS AND RESULTS

I will be using the data collected by my mentor to create a model of my network. However, I will be gathering my own tuning data for my neural network. Since each of the perceptrons need to be weighted and tuned, I will be using a trained neural network system to teach my network.

Essentially, I will be giving it inputs and then observing the output. I will then be changing the inputs to get the expected outputs and therefore train my network.

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ACKNOWLEDGEMENTS / REFERENCES

Works Cited:

By Applying the Firing in Every Column the following Truth Table Is Obtained; X1: 0 0 0 0 1 1 1 1 X2: 0 0 1 1 0 0 1 1 X3: 0 1 0 1 0 1 0 1 0 UT: 0 0 0 0/1 0/1 1 1 1 The Difference between the Two Truth Tables Is Called the Generalisation of the Neuron. Ther. "Neural Networks." Neural Networks. N.p., n.d. Web. 08 Nov. 2016.

Nature.com. Nature Publishing Group, n.d. Web. 08 Nov. 2016. <http://www.nature.com/mp/journal/v21/n4/full/mp20161a.html>. "Neural Networks." - Journal. N.p., n.d. Web. 08 Nov. 2016.

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